

# THE GOLDEN BANNER

February 2017

The Monthly Newsletter of The Wellington Seniors Club, Inc.

Issue 245

<http://www.wellingtonfl.gov>

To Inform and Amuse

[info@wellingtonseniorsclub.org](mailto:info@wellingtonseniorsclub.org)



The Wellington Seniors Club, Inc.

2017

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President.....Jerry Springer  
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Treasurer.....Eileen Kuhnle  
Record/Sec.....Peggy Caliendo  
Corr/Sec.....Mae Loglisci

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Luke Howlett, Sally Schwartz,  
Bernard Spinelli, Cecilia Torrisi

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Publicity Chair Peter Granata  
Sergeant-At-Arms Luke Howlett  
Editor/Publisher/The Golden Banner  
Howard Trager

## QUOTE OF THE MONTH



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## Your Health...

The Florida Department of Health reminds all older adults to receive a flu shot during the current flu season. Flu strains change from year to year, so up-to-date coverage is critical. The Centers for Disease Control and Prevention (CDC) recommends that everyone 6 months and older receive the flu shot to avoid the risk of severe complications from the flu. According to the CDC, between 54 and 70 percent of seasonal flu-related hospitalizations occur in people age 65 and older. The best defense against the flu is this current year's shot, which matches this year's circulating strains. Immunity from vaccination sets in after about two weeks. How well the flu vaccine works (or its ability to prevent flu illness) can range widely from season to season and can be affected by a number of factors, including characteristics of the person being vaccinated, the similarity between vaccine viruses and circulating viruses, and even which vaccine is used.

For persons 65 and older, any age-appropriate inactivated influenza vaccine (IIV) formulation or recombinant influenza vaccine (RIV3) is an acceptable option. However, there are two vaccines designed specifically for older adults. The high dose vaccine is designed specifically for people 65 and older and contains four times the amount of antigen as the regular flu shot. It is associated with a stronger immune response following vaccination (higher antibody production). The adjuvanted flu vaccine, Fluad, is made with MF59 adjuvant which is designed to help create a stronger immune response to vaccination.

It is equally important to practice good hygiene and proper hand washing techniques. Make it a habit to clean and disinfect commonly used surfaces in your home or office. You can take additional steps to ward off flu by coughing or sneezing into a tissue or your elbow and avoid touching your face. If you do develop flu symptoms, stay home to prevent spreading the flu, and seek medical advice from your health care provider quickly so that antiviral treatment can begin early.

## Membership Meeting

The next membership luncheon meeting will be held on Wednesday, February 15th, at the Wellington Community Center, 12150 Forest Hill Blvd. Doors open at 11:30am.

Following a brief business meeting, be ready to laugh your sides off with the comedy offering of Mr. Ben Kurland, a very funny stand-up comedian whose act of sharp observational humor relates to everyone who appreciates old time "schtick" comedy.



When making out checks for trips, please issue checks for **individual events**. Checks made out for multiple events will be returned and new checks will be required to secure a reservation.

## Please save the date

Our 25th Anniversary Gala is scheduled for Friday evening, October 20th, 2017. More information to follow next month, so stay tuned. See you all at the next luncheon.

## Our Sunshine Lady

If you know of any club member who is recovering from an illness, hospitalization, or has suffered the loss of a family member, please call our **Sunshine Lady, Mae Loglisci at 792-5707**.

An appropriate card will be sent on behalf of the membership.



**February**  
Birthstone.....Amethyst  
Flower.....Violet



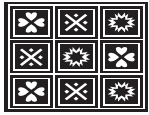
THE GOLDEN BANNER is published monthly except July and August by the Wellington Seniors Club, Inc., a social club, for residents of The Village of Wellington, who are 55 and over. Current and back issues of the Golden Banner may be viewed and/or downloaded at [www.wellingtonfl.gov](http://www.wellingtonfl.gov). Click on Park and Recreation, scroll and click on Seniors Information, scroll and click on The Wellington Seniors Club. For membership information, please call Membership Chair, Sally Schwartz at 561-793-8735.

## The Club House

**Bridge Club...** *Celia Cavagner, 793-5445,*

*Gladys Maloy, 214-0967*

WCC, Lakeview Room, Mondays at 12:00-4:00 PM



**The Wellington Quilters...**

*Audrey Blobaum 333-2708*

WCC, Lakefield Room, Thursdays, 9:00am-12:00 noon

**Duplicate Bridge.....***Nell Stidham 793-2022*

ACBL Sanctioned Duplicate Bridge, Tuesday and

Thursday, 12:30-4:00 PM, WCC, Lakefield Room



**Singles Supper Club.....***Faye Ford 790-7625*

Seniors without partners meet at a different restaurant every week for dinner, a few laughs, food and friendship.



**Canasta...** *Marlene Sacks.. 791-0054*

Mondays at 12-4:00 PM, Village Park

*Mah Jongg*

Tuesdays at 12-4:00PM, Village Park



## Presidential Wit

**Andrew Jackson**

"There is no pleasure in having nothing to do. The fun is having lots to do and not doing it."

**Abraham Lincoln**

"If I were two-faced, would I be wearing this one?"

**William Taft**

"Politics make me sick."

**Franklin Roosevelt**

"When you get to the end of your rope, tie a knot and hang on."

**Harry Truman**

"My choice in life was either to be a piano player in a whorehouse or a politician. And to tell the truth there's hardly any difference."

**John F. Kennedy**

"When we got into office the thing that surprised me the most was that things were as bad as we'd been saying they were."

**Richard Nixon**

"I'm glad I'm not Brezhnev; being the Russian leader in the Kremlin, you never know if someone's tape recording what you are saying."

**Jimmy Carter**

"I have often wanted to drown my troubles, but I can't get my wife to go swimming."

**Ronald Regan**

"I have often wondered what the Ten Commandments would have looked like if Moses had run them through the US Congress."

**Bill Clinton**

"Being President is like running a cemetery. You've got a lot of people under you and nobody's listening."

**George W. Bush**

"Some folks look at me and see a certain swagger, which in Texas we call walking."

Never do anything you wouldn't  
want to explain to the paramedics

Senior Bumper Sticker

## Understanding Gender Differences

A Spanish teacher was explaining to her class that in Spanish, unlike English, nouns are designated as either masculine or feminine. "House" for instance is feminine, "la casa." "Pencil," however, is masculine, "el lapiz."

A student asked, "What gender is "computer?" Instead of giving the answer, the teacher split the class into two groups, male and female and asked them to decide for themselves whether "computer" should be a masculine or a feminine noun. Each group was asked to give four reasons for its recommendation.

The men's group decided that "computer" should definitely be of the feminine gender, "la computadora", because: No one but their creator understands their internal logic, The native language they use to communicate with other computers is incomprehensible to everyone else,

Even the smallest mistakes are stored in long term memory for possible later retrieval and

As soon as you make a commitment to one, you find yourself spending half your paycheck on accessories for it.

The women's group, however, concluded that computers should be masculine, "el computador", because:

In order to do anything with them, you have to turn them on,

They have a lot of data but still can't think for themselves,

They are supposed to help you solve problems, but half the time they ARE the problem and

As soon as you commit to one, you realize that if you had waited a little longer, you could have gotten a better model.

**The women won.**

## To Be 6 Again

A man was sitting on the edge of the bed, observing his wife, looking at herself in the mirror. Since her birthday was not far off he asked what she'd like to have for her Birthday. "I'd like to be six again", she replied, still looking in the mirror.

On the morning of her Birthday, he arose early, made her a nice big bowl of Lucky Charms and then took her to Six Flags theme park. What a day! He put her on every ride in the park; the Death Slide, the Wall of Fear, the Screaming Monster Roller Coaster, everything there was. Five hours later they staggered out of the theme park. Her head was reeling and her stomach felt upside down. He then took her to a McDonald's where he ordered her a Happy Meal with extra fries and a chocolate shake. Then it was off to a movie, popcorn, a soda pop and her favorite candy, M&M's. What a fabulous adventure!

Finally she wobbled home with her husband and collapsed into bed exhausted. He leaned over his wife with a big smile and lovingly asked, "Well Dear, what was it like being six again?" Her eyes slowly opened and her expression suddenly changed, "I meant my dress size."

The moral of the story is: Even when a man is listening, he is going to get it wrong.

Happy Valentine's Day



# THE GOLDEN BANNER

## Steppin' Out Program 2017



### Wellington Seniors Equestrian Day

We have another wonderful afternoon at the International Equestrian Center on Pierson Road on Wednesday, February 8th, from 11:00am-2:00pm. For parking, follow WSC signs to White Horse Restaurant and park in lot across from restaurant. **Parking is also allowed in the Handicapped Parking area if space is available and you have a valid handicapped card or license plate.** This area is to the left of the main entrance. Complimentary valet transportation will be available to transport you to the Special Events Tent. The cost will be \$6.00 pp., for members and \$10.00 pp., for guests. The last day for sign-up and payment will be Saturday, February 4th. Please make checks payable to The Wellington Seniors Club. Call...

**Event Leader Eileen Dix 791-1448**

**3754 Old Lighthouse Circle, Wellington 33414**

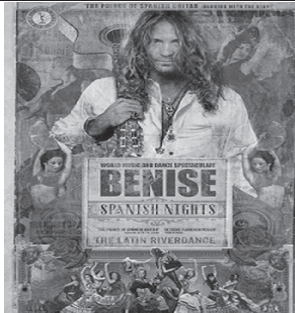
### Benise-Spanish Nights

#### The Latin Riverdance

Guitar virtuoso Benise and his Emmy Award-winning World Music and Dance Production return to the Dolly Hand with a new show! Spanish Nights is a fiery and passionate journey through salsa, flamenco, waltz, tango and more! Benise says, "When people ask what it is, I tell them it's a combination of blues, jazz, salsa, rock and more, but in a hipper style." Begin this adventure on Thursday, February 23rd with a covered dish dinner at the Dolly Hand Cultural Center at 5:30pm with the show at 7:00pm. Our Coach will spot at 3:45pm and depart at 4:00pm from the North end of Town Center. The cost will be \$35.00 pp., for members and \$45.00 pp., for guests. Please make checks payable to The Wellington Seniors Club. For reservations, call...

**Trip Leader Karen Gabriel 371-9760**

**1721 Primrose Lane, Wellington 33414**

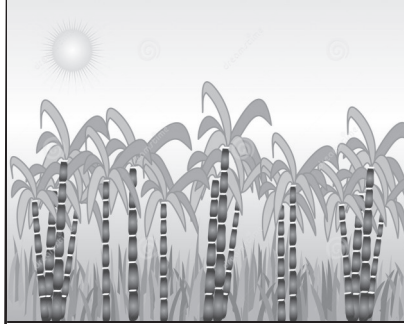


### The Tamburitans

The Duquesne University Tamburitans are the longest running multicultural song and dance company in the United States. Headquartered in Pittsburgh, Pennsylvania, the company's members are full-time Duquesne University students. For an amazing evening of theater, join us on Wednesday, March 8th, at The Palm Isles Clubhouse with dinner at The Banana Boat Restaurant prior to the show. The cost for members will be \$57.00 pp., and \$84.00 pp., for guests. Our coach will spot at 3:45pm and depart at 4:00pm from the North end of Town Center. Please make checks payable to The Wellington Seniors Club. For reservations, call...

**Trip Leader Peggy Caliendo 792-2343**

**156 Berenger Walk, Wellington 33414**



### Raisin Cane

#### "Sugar Harvest Tour"

This tour will take us into the U S Sugar Facilities in Clewiston, FL. Our behind the scenes tour will include: Insight into the sugar cane harvesting, processing and packaging, a visit to The Southern Gardens Citrus Groves and Lake Okeechobee with lunch at The Roland Martin Marina. **This trip is limited to 50 people. Necessary registration forms must be completed at time of sign-up. No forms will be mailed.** The cost will be \$15.00pp., for members and \$25.00 pp., for guests. Our coach will spot at 7:45am and depart at 8:00am from the North end of Town Center on Monday, March 20th. Please make checks payable to The Wellington Seniors Club. Call...

**Trip Leader Joan Iaderesta 795-8991**

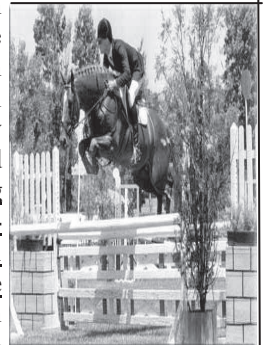
**9770 Bowline Drive #201, WPB 33411**

### Our Final Wellington Seniors Equestrian Day

The final Wellington Seniors Equestrian Day of this season will take place at the International Equestrian Center on Pierson Road on Wednesday, March 29th from 11:00am-2:00pm. For parking, follow WSC signs to White Horse Restaurant and park in lot across from restaurant. **Parking is also allowed in the Handicapped Parking area if space is available and you have a valid handicapped card or license plate.** This area is to the left of the main entrance. Complimentary valet transportation will be available to transport you to the Special Events Tent. The cost will be \$6.00 pp., for members and \$10.00 pp., for guests. The last day for sign-up and payment will be Saturday, March 25th. Please make checks payable to The Wellington Seniors Club. Call...

**Event Leader Eileen Dix 791-1448**

**3754 Old Lighthouse Circle, Wellington, 33414**








### Men Shopping



# Happy Valentine's Day

# FEBRUARY

			Wed	Thu	Fri	Sat
			<b>Executive Board Meeting</b> <b>10:00am</b> 	<b>Quilters</b> <b>9:00am</b> <b>Dup/Bridge</b> <b>12:30PM</b>		
5	6 <b>Canasta</b> <b>12:00 noon</b> <b>Bridge</b> <b>12:30PM</b>	7 <b>Mah Jongg</b> <b>12:00 noon</b> <b>Dup/Bridge</b> <b>12:30 PM</b>	8 	9 <b>Quilters</b> <b>9:00am</b> <b>Dup/Bridge</b> <b>12:30PM</b>	10	11
12 <div>Lincoln's Birthday</div>	13 <b>Canasta</b> <b>12:00 noon</b> <b>Bridge</b> <b>12:30PM</b>	14 <b>Mah Jongg</b> <b>12:00 noon</b> <b>Dup/bridge</b> <b>12:30 PM</b> 	15 <b>Membership Luncheon</b> <b>Doors Open</b> <b>11:30am</b> 	16 <b>Quilters</b> <b>9:00am</b> <b>Dup/Bridge</b> <b>12:30PM</b>	17	18
19	20 <div>President's Day</div>	21 <b>Mah Jongg</b> <b>12:00 noon</b> <b>Dup/Bridge</b> <b>12:30 PM</b>	22 <div>Washington's Birthday</div>	23 <b>Quilters</b> <b>9:00am</b> <b>Dup/Bridge</b> <b>12:30PM</b> 	24	25
26	27 <b>Canasta</b> <b>12:00 noon</b> <b>Bridge</b> <b>12:30PM</b>	28 <b>Mah Jongg</b> <b>12:00 noon</b> <b>Dup/Bridge</b> <b>12:30 PM</b>				

